

Welcome to the inaugural **Generals Gold Glove Academy**. Our dual 90-minute sessions are geared towards defense and the prevention of runs in order to win more games. So you'll hear this theme more than once:



R-P-D: Run Prevention Defense!!!

The Chicago Cubs stressed defense on their way to 114 wins and the World Series title in 2016. The Cubs allowed the fewest runs in the major leagues; their coaching staff included a Run Prevention Coordinator.

Our coaches will touch on the fundamentals of defense as it applies to each position. Whether you're an infielder, outfielder, pitcher or catcher, there will be something for you to learn and focus on before you hit the ballfield this spring.

Materials will be provided so you can take notes and record certain data. A question and answer session will conclude the program to allow you to ask the coaches pertinent questions regarding the topics covered.



There will be door prizes as well as **free tickets to Generals games**; certificates will be awarded to those who complete both sessions.



Denny Walling played in the major leagues from 1975-1992, compiling a career average of .271, appearing in over 1,200 games. Drafted No. 1 by Oakland after playing at Clemson, he spent 11

seasons with Houston and also saw action with St. Louis and Texas. He is 13th on the career list with 108 pinch-hits. Walling has served as a batting coach at the major and minor league levels. Currently he's the hitting instructor for *The Home Run Club*.

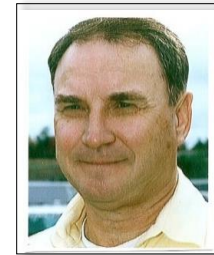


Seth Berry is the manager of *The Home Run Club*. He earned All-State honors at both Wilson Memorial and Covenant High Schools and was also named All-Region at Wilson.

He played collegiately at Tusculum College (TN) and Eastern Mennonite Univ. (VA) and is certified by the National Pitching Association specializing in pitching biomechanics.



Our thanks to Tyler Hoffman and David Gauldin III of the Waynesboro Generals for their support and encouragement in staging this program; and to Waynesboro High School for allowing the use of its facility.



Ron Mentus is the program director for the **Generals Gold Glove Academy**. He was an All-City third baseman during his high school years in Waterbury, Conn.

A defensive stalwart, he later played for the Johnson Air Base Vandangos while serving with the U.S. Air Force in Japan.

In 2002 he was honored with the Sportsmanship Award by Collegiate Baseball; he is a contributing editor for Baseball The Magazine.



Registration Details

Register online (required) with Ron Mentus: rlmathletics@aol.com (**Deadline-Feb. 8**). Submit names of attendees with ages of students included. A confirmation email will be returned which will verify your registration.

The \$10 registration fee is due upon check-in; **please arrive by 2:45 p.m.** Cash or checks only (payable to **Waynesboro Generals**). Further information available at www.waynesborogenerals.net.